



# **KANYA MAHAVIDYALAYA KHARKHODA**

## **REPORT OF THE NSS CELL ACTIVITIES (UNIT-I & II) (SESSION 2021-2022)**













**NSS CELL INCHARGE:-**



















**MRS. PERMILA (9467480574)  
(E-mail– permila10478@gmail.com)**

























**MS. SUSHILA (8295538895)  
(E-mail- sushiladahiya95@gmail.com)**

**“Not Me But You”**

## REPORT OF REGULAR ACTIVITIES UNDER NSS CELL (SESSION: 2021-2022)

S. No.	Date	Activity	Purpose/Objective	Proof
1.	12 Aug 21	<b><u>International Youth Day (Azadi ka Amrit Mahotsav)</u></b> <ul style="list-style-type: none"> <li>An online lecture was conducted in the presence of Principal Dr. (Mrs.) Suresh Boora</li> <li>Theme for this year's Youth Day was 'Transforming food system: Youth innovation for human and planetary health.' Dr. Darshana addressed the students telling about the physical &amp; Mental Fitness.</li> </ul>	To recognize the efforts of the world's youth in enhancing global society and to draw attention regarding cultural and legal surrounding youngsters & also tell aware them about their better well-being and fitness.	   
2.	15Aug-2 Oct	<b><u>Azadi ka Amrit Mahotsav</u></b> <ul style="list-style-type: none"> <li>Under this event 'Fit India Freedom Movement 2021' was started, which was lead by Principal Dr. (Mrs.) Suresh Boora by showing the green flag.</li> <li>Students participated in 'Fit India Run' and various other activities i.e. harmony pledge, cleanliness week.</li> <li>Volunteers also uploaded their videos on the Govt.'s website of singing National Song (Jana-Gana-Mana) showing their patriotism towards the nation.</li> </ul>	To encourage people about involving physical activities in their daily life to avoid stress and live a happy and healthy life and love their country.	   
3.	10 Sept 21	<b><u>National Poshan Maah (1-30 Sept 21)</u></b> Staff members & students organized a Rally on 'कुपोषण छोड़ पोषण की ओर - थामें क्षेत्रीय भोजन की डोर' which was started by Dr. Yogita.	To encourage people especially women about having a healthy lifestyle and take a balanced diet.	  
4.	15 Sept 2021	<b><u>National Poshan Maah (1-30 Sept 21)</u></b> An extension lecture was organized in which Mrs.Sonika addressed students saying that a balanced diet is very important ones life, which should be taken by each and everyone.	To aware students about the benefits of a healthy lifestyle especially for women and children.	

5.	24 Sept 21	<b><u>NSS Day</u></b> <ul style="list-style-type: none"> <li>NSS Day was celebrated by both Online &amp; Offline mode.</li> <li>Offline mode: 5 different Herbal Plants were planted in 'Herbal Vatika' and a oath was taken to take care of the plants.</li> </ul> <p>Online Mode: A State Level poster making competition was organized on 'Save Ozone Layer'. The winners were awarded with E-Certificates.</p>	To emphasize the importance of green environment in the college campus & awareness about Ozone Layer depletion.	  
6.	11-10-2021	<b><u>International Day of the Girl Child</u></b> Principal Dr (Mrs.) Suresh Boora encouraged students by saying that today women are making important contributions in every walk of life. She reiterated that they should raise voice against gender discrimination and become strong	To create awareness and consciousness among students regarding health, education and other rights of girl child and women.	    
7.	25-11-2021	<b><u>International Day for the Elimination of Violence against Women</u></b> <ul style="list-style-type: none"> <li>An Extension lecture was organized in which Mrs.Poonam Yadav (Pol. Sc.) on Topic- 'महिला मानवाधिकारों का हनन एवं उनकी स्थिति' expressed her views.</li> <li>Principal Dr (Mrs) Suresh Boora told students that today education is the important weapon which can be used for fighting against certain crimes in the society.</li> </ul>	To encourage students about the rights of Women and respecting them and fight against the wrongs.	  
8.	1-12-2021	<b><u>Aids Day</u></b> <ul style="list-style-type: none"> <li>Under one day camp on Aids Day a Rally was organized in which they aware people through posters &amp; banners told them about the disease in detail.</li> <li>Principal Dr (Mrs.) Suresh Boora told students that as a responsible citizen we must aware people about this serious disease and help people suffering with it.</li> </ul>	To remain aware and spread awareness regarding this dreadful disease.	   
9.	01-01-2022	<b><u>Free eye checkup</u></b> <ul style="list-style-type: none"> <li><b><u>Volunteers helped in the eye checkup in village Nizampur-Majra</u></b></li> </ul>	To learn social work and become helping hands of the society	  

10.	28 Jan to 3 Feb 2022	<b><u>7 Days NSS Camp at village Anandpur-Jharoth</u></b>		  8.jpg 9.jpg
11.	08-03-2022	<b>International Women's Day</b> <ul style="list-style-type: none"> <li>An exhibition was put up by the students to give respect to all the women's through different posters, slogans and models</li> </ul>		  8 MARCH 22.jpg 1.jpg   5.jpg LEE.jpg
12.	07-05-2022	<b><u>World Health Day</u></b> <ul style="list-style-type: none"> <li>An extension lecture was organized and it was given by Mr.Prixit on topic 'Food Nutrition in Daily Life'</li> </ul>	To aware students about the importance of healthy food in everyone's life.	  1.jpg 2.jpg   4.jpg 5.jpg
13.	21-06-2022	<b><u>International Yoga Day</u></b> <ul style="list-style-type: none"> <li>2 Days workshop was organized with Physical Education &amp; SNPT Dept. on the theme 'Yoga For Humanity'</li> <li>SDM and other personalities also came for Yoga in the college campus</li> </ul>	To enhance the importance of yoga in the young generation and for their mental and physical health.	  1.jpg 2.jpg   3.jpg 4.jpg  5.jpg
14.	14 to 31 July 2022	<b><u>Van Mahotsav</u></b> <ul style="list-style-type: none"> <li>Various types of saplings were planted in the college campus.</li> <li>Dr. Yogita addressed students by saying that only planting of saplings is not important but their care is also important.</li> <li>Total 15 saplings were grown.</li> </ul>	To aware students about the importance of trees and how to take care of them.	  1.jpg 2.jpg  6.jpg
15.	1 to 15 August 2022	<b><u>Har Ghar Tiranga Campaign</u></b> <ul style="list-style-type: none"> <li>During these 15 days different types of activities were performed.</li> <li>Those included rally, slogan writing, poster making, tree plantation, quiz contest, patriotic song and poem recitation and parade was also done by the NSS Volunteers.</li> </ul>	To plant the seeds of patriotism in the youth and the importance of national flag.	  3.jpg 10.jpg   3.jpg 4.jpg   11.jpg 9.jpg